# Summer Parenting Schedule

With the long summer school holidays ahead, separated parents will be trying to organise childcare arrangements around work, whilst also ensuring they each get to spend quality time with their children across the summer.

We've put together a summer parenting schedule to help the summer holidays flow more smoothly so that you and your children can get on with enjoying your time together.

Use this document as the basis for your conversation with your ex-partner and the arrangements you make. Remember every family is different and there are no right or wrong answers.

Each section is intended to be a guide to help you think about the big and small stuff, keep it brief or make it detailed, whatever is going to work best for you.

If you find things difficult and need some extra help, then you can book an appointment to talk with one of our family mediators.

National Family Mediation

Turn arguments... into agreements

www.nfm.org.uk
0300 400 0636

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# Child Arrangements

Use this section to record how your child will spend time with each of you during the holidays. Remember to include other family members that may be able to help with childcare, holiday dates and any birthday parties, clubs that the children might have. You can also include details such as how and where handovers will happen, or if you need to share or exchange clothes or personal items for your child, then you can also record it here (eg. school uniform, sports gear etc.)

## July

| Week Beginning | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---|---|---|---|---|---|---|---|
| 6th July | | | | | | | |
| Things to remember | | | | | | | |
| 13th July | | | | | | | |
| Things to remember | | | | | | | |
| 20th July | | | | | | | |
| Things to remember | | | | | | | |
| 27th July | | | | | | | |
| Things to remember | | | | | | | |

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# August/September

| Week Beginning | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---|---|---|---|---|---|---|---|
| 3rd Aug | | | | | | | |
| Things to remember | | | | | | | |
| 10th Aug | | | | | | | |
| Things to remember | | | | | | | |
| 17th Aug | | | | | | | |
| Things to remember | | | | | | | |
| 24th Aug | | | | Prepare to return to school | Prepare to return to school | Prepare to return to school | Prepare to return to school |
| Things to remember | | | | | | | |
| 31st Aug | Bank Holiday | Prepare to return to school | Prepare to return to school | | | | |
| Things to remember | | | | | | | |

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# Unexpected Changes

Use this section to agree what happens or who to contact if an unexpected emergency arises.

## If plans need to change....

Contact details in case of emergency :

What happens if one of us is ill :

What happens if our child/children are ill :

## If the plan breaks down or you can't agree :

Come and talk to us as soon as possible. We will book an initial pre-mediation meeting (MIAM) with you both separately before booking a joint mediation appointment you will attend together.

Most of our appointments are taking place online through a secure meeting portal. You can book an appointment here.

## National Family Mediation

NFM is a charity that helps families resolve all the practical, legal, emotional and financial issues that arise from separation.

NFM helps you turn your arguments into agreements that are long-lasting and benefit everyone in the family, especially their children.

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