

What would you like to happen now in your family?

You have been thinking of changes in your family.
Think of three things you would like to happen in your family.

A large white circle is centered on the page, divided into three equal sections by red lines. The background is a dark purple color with a border of pink stars. The circle is intended for writing three things the user would like to happen in their family.

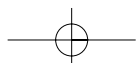
Don't forget, you can talk to a grown-up about your feelings
Don't keep them all to yourself.

Thank you to all the parents and children who helped to develop this leaflet.

Developed by childcare and family support practitioners and researchers for the Lord Chancellor's Department.

For further copies of this leaflet please contact: FREEPOST, PO BOX 2001, Burgess Hill, West Sussex RH15 8BR.

This leaflet is also available on our website www.lcd.gov.uk



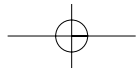
ME AND MY FAMILY

Dealing with separation
and divorce



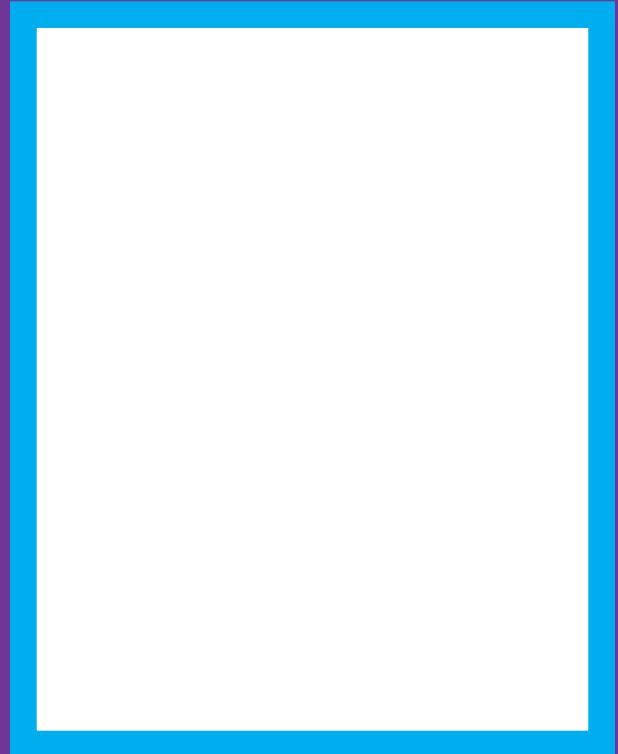
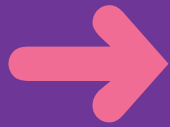
Name _____

Designed for younger children to do
with some help and explanation from an adult.

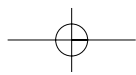
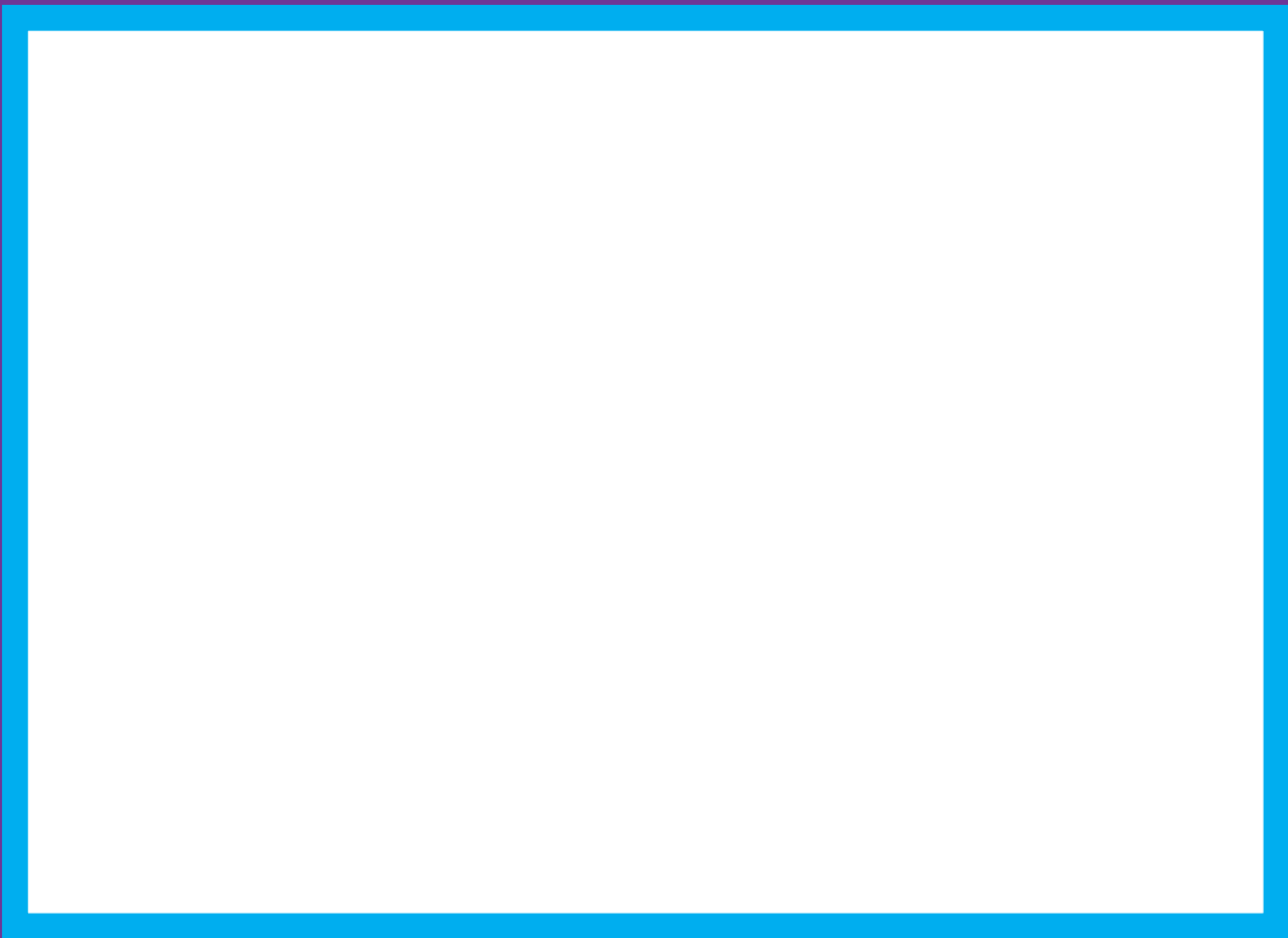


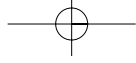
Me and my

Draw a picture
of yourself.



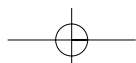
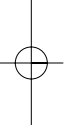
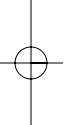
Draw a picture
of you and your
family.





my family

Draw a picture of other people who are important in your life.



Pets and toys

Draw a picture of some
of your favourite things



Families can change

Sometimes families move. Draw a picture of:

where you live now

where you used to live

Colour in the faces which show how you feel on different days.

mad



happy



glad



not sure

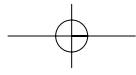


sad



scared





Sometimes it helps to talk about how you feel.



Draw pictures of three people you like to talk to.

A large blue rectangular area containing three white circles with pink outlines, arranged in a triangle (one at the top, two at the bottom). These circles are intended for drawing three people.

What would you like to talk to them about?

